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FEBRUA	RY 2019: Pre-k	- x Break	ctast Menu

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Monday	Tuesday	Wednesday	Thursday	Friday
JUMPSTART MONDAY	EGG SANDWICH	FROM THE GRIDDLE	NEW YORK THURSDAY	BAKERY FRESH
Fresh New York Bagel Stick Varieties			OF OF	1 Hot Cinnamon Knot
Blueberry Cinnamon Raisin			A TOP	Cheese Omelet
Cranberry French Toast Multigrain Plain Poppy			EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN	Back to the Roots® Purple Corn Flakes 100% Fruit Juice Fresh Fruit
4	Lunar New Year 5	6	New York Thursday 7	8
	Yogurt Bar		New York Bagel	
Blueberry Muffin Land O'Lakes® Cheddar Cheese Stick	Turkey Canadian Bacon, Egg & Cheese on a	Buttermilk Pancakes Served with Syrup Turkey Sausage Patty	Assorted Fresh New York Bagel Sticks and Bagels served with Cream Cheese & Jelly	Cinnamon Twist Back to the Roots® Purple Corn Flakes
Spiced Oatmeal	Buttermilk Biscuit	Spiced Oatmeal		100% Fruit Juice
100% Fruit Juice Fresh Fruit	100% Fruit Juice Fresh Fruit	100% Fruit Juice Fresh Fruit	Yogurt Parfait 100% Fruit Juice Fresh New York Apples	Fresh Fruit
11	12	13	New York Thursday 14	15
Banana Muffin Land O'Lakes® Mozzarella Cheese Stick Spiced Oatmeal 100% Fruit Juice Fresh Fruit	Turkey Sausage, Egg & Cheese on Ciabatta Bread 100% Fruit Juice Fresh Fruit	Cinnamon Burst Pancakes Served with Syrup Turkey Canadian Bacon Spiced Oatmeal 100% Fruit Juice Fresh Fruit	New York Bagel Thursday Assorted Fresh New York Bagel Sticks and Bagels served with Cream Cheese & Jelly Upstate Farms® Yogurt Choice 100% Fruit Juice Fresh New York Apples	Hot Cinnamon Knot Turkey Sausage Patty Back to the Roots® Cinnamon Cluster 100% Fruit Juice Fresh Fruit
Mid Winter Recess 18	Mid Winter Recess 19	Mid Winter Recess 20	Mid Winter Recess 21	Mid Winter Recess 22
Assorted Muffins Land O'Lakes® Colby Cheese Stick Spiced Oatmeal 100% Fruit Juice Fresh Fruit	Peef Sausage & White Cheddar Sandwich 100% Fruit Juice Fresh Fruit	Tasty Waffles Served with Syrup Turkey Canadian Bacon Spiced Oatmeal 100% Fruit Juice Fresh Fruit	New York Bagel Thursday Assorted Fresh New York Bagel Sticks and Bagels served with Cream Cheese & Jelly Yogurt Parfait 100% Fruit Juice Fresh New York Apples	Cinnamon Twist Back to the Roots® Purple Corn Flakes 100% Fruit Juice Fresh Fruit
25	26	27	New York Thursday 28	
Blueberry Muffin Land O'Lakes® Cheddar Cheese Stick Spiced Oatmeal 100% Fruit Juice Fresh Fruit	Turkey Canadian Bacon, Egg & Cheese on a Buttermilk Biscuit 100% Fruit Juice Fresh Fruit	Buttermilk Pancakes Served with Syrup Turkey Sausage Patty Spiced Oatmeal 100% Fruit Juice Fresh Fruit	New York Bagel Thursday Assorted Fresh New York Bagel Sticks and Bagels served with Cream Cheese & Jelly Yogurt Parfait	
i iesii i luit			100% Fruit Juice Fresh New York Apples	
Milk	Fresh Fruit	OFFERED DAILY	100% Fruit Juice Apple, Fruit Punch,	Cold Cereal Choices Frosted Mini Wheats Cinnamon Flakes

1% Low-fat Fat Free **Fat Free Chocolate**

> **Grab and Go Breakfast Pack**

Fresh Fruit

<u>Canned Fruit</u> Peaches, Pears, Pineapples

No Artificial flavors, colors, or sweeteners in all SchoolFood Products

> Pre-K - 8 Breakfast Menu

Apple, Fruit Punch,

Grape, Orange

Breakfast Dipping Sauces: Ketchup, Hot Sauce, Salsa

Multi-Grain Cheerios Toasty-Oats Back to the Roots® Organic Purple Corn Flakes & Cinnamon Cluster

ATTENTION:

All Pre-K Students CANNOT be Offered CHOCOLATE MILK and Can Only Have JUICE on MONDAYS.





